**Active Threat Training Guidelines**

Having some prior active threat training or knowledge of Emergency Action Plans is beneficial for this activity. While Kwik Trip coworkers are required to have taken the Active Threat Training class as a prerequisite to the hands-on class, this activity will be modified to accommodate LAOSHC council members and venue staff.

**Participant disclosure notice**

This hands-on activity will include the use of a starter pistol with blank rounds. All participants will have the opportunity to visually inspect the pistol and see that it does not have an open barrel and is completely closed. Everyone will also have the opportunity to view the non-bullet blank rounds. This is the same equipment commonly used at the start of a track competition.

The only person handling the pistol is a trained, retired police officer. All of these actions are intended to reduce anxiety of all participants. However, some participants may be startled by the gunshot noise and/or having a pistol pointed at them. **Any participant that begins to feel mentally uncomfortable at any time can raise their hand and remove themselves from the simulation.**

**Participant dress recommendations**

Non-restricting clothing suitable for comfortable movement is required. Casual/business casual dress to include some form of pants, no high heel shoes, or flip flops – some form of shoe you can easily and safely move around in is necessary. Clothing should allow you to complete a mild form of exercise.

**Things not to bring**

* Valuables that could be lost or damaged
* Phones and keys will be placed in a designated area as to not interfere with the scenarios
* Pocket knives or any other object that could harm someone during the training

**Things to bring**

* Water – the training is very mild, but having a water bottle to hydrate will be helpful
* A positive attitude – this training will only go as far as you let it. Remember your Active Threat training presentations from the past and practice what was talked about on how to survive.

Exercise expectation

The Avoid scenario will include mild sprints in the hallway. The Deny scenario with include the lifting of chairs, tables, objects as needed. The Defend scenario will include the physical ability to attack a suspect. **If you are uncomfortable with/unable to take part in the exercise, you may still take part by observing the simulation scenarios from a distance.**

If anyone has additional questions, feel free to reach out to Tim Kronebusch at tkronebusch@kwiktrip.com