Mental Health First Aid Training - Ready to Make a Difference?

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | |  |  |  | | --- | | **Mental Health First Aid Training - Ready to Make a Difference?** |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | |  |  |   Mental Health First Aid is a certification training that teaches you how to identify, understand and respond to signs of mental health challenges and substance use disorders.  ﻿  **This training covers:**   * Common signs and symptoms of mental health and substance use challenges. * How to interact with a person in crisis. * How to connect the person with help. * Trauma, addiction and self-care topics.   Session led by certified instructor Adam Theisen from the Minnesota Safety Council. Lunch included. |  |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | [**Mental Health First Aid Certification**](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_iyjhAl-KT60vWqKIJ2k0UAShsSFCHnXKhncrwhglb6wlQnFgPU_dzA37NqrTJLlYQ1DrSI5hAfLSkfJYF8GLAgG5tcsaX1pmECbuUe57n9OvG8yRusZOJEUr9ijYm7OIhwE4Cg12bEIbtEA5dkHubmBE-DkW3umRvnnEXGCE6raIYfsKtLr-3ASEysJ6VxLJw==&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXVJpFEC6$)  **November 15** | 8:30 a.m. – 4:00 p.m.  MSC Member: $195 | Nonmember: $250  [**Learn more**](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_ktINonQNoAD_DvvUjL4my1lHRPUGsDyPwFOeafZ6nMvCHVEqab28UWgj9-jhD8JQXmr05rXOWGMoqj2sEI6f9C4Bmb9EPVOS78tO5AWDlhi7zcvPs9VkTAkJGBPw8ZOiQ_cspZsAbP4DhNCd_vJZnjMRlnu2SNojXl3lF6F6ooP7D2YGw5a23F4QQxj2y6jaK1BMY2pSfS8PmN1cggDKFwOT15Uv7yDZX78Go6eN9JX&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXfg3paKa$) **and** [**register**](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_iyjhAl-KT60vWqKIJ2k0UAShsSFCHnXKhncrwhglb6wlQnFgPU_dzA37NqrTJLlYQ1DrSI5hAfLSkfJYF8GLAgG5tcsaX1pmECbuUe57n9OvG8yRusZOJEUr9ijYm7OIhwE4Cg12bEIbtEA5dkHubmBE-DkW3umRvnnEXGCE6raIYfsKtLr-3ASEysJ6VxLJw==&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXVJpFEC6$) **by Monday, Nov. 6!**  *\*Attendees must complete 1-2 hours of self-paced pre-work prior to attending this training.* |  |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | **Questions?** Contact Riley at [riley.mcginnity@mnsc.org](mailto:riley.mcginnity@mnsc.org) or 651-228-7319. |  |  |  | | --- | --- | | |  | | --- | |  | |  |  | | --- | | [Facebook](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_m_x3rp2PHpkLPTK4PqbOROVBMFTVOYt7SfGVS0DFnetWRKOpl4B4j6rq14LW7aUeaFhVjQHPA-qZL3yEwX8Dfgv2JH8OJlfCFrLGkhGQ4ND__6CY8NX_Ak=&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXXiPcu2-$) [Twitter](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_m_x3rp2PHpkiEIV2OIaZx1NqIBVBFgh67LDJmIlV8JVJidQEfLQXXZ_73zHKGAuxwOXJULoWvcb0KhZ8x9-dpW2pLCapEkye6M8vklbz7Ix&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXQuUlsQU$)  [Linkedin](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_rLW_GvTMsnqgLOTeaa_7o49ST56OsMHLSO5LW3X_OgjZvGOJ3Frj_Q71-axlB9Jt4kvD551QZ56RdPwiXm2NyNUQ2d03PkR1wkV0G7xzXuN2pmz5Al6e53ZKHHOmCJtCo_TgU5WhzOyeF2x1wwzXj8=&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXb73z1OX$)  [Youtube](https://urldefense.com/v3/__https:/r20.rs6.net/tn.jsp?f=001ntGKqCX3VKiEY_9hH8_abBxd3KySV7_CCSXxrRE_fX1ot1znBCdW_vYcFapswUmefl8pRDHfjwJGycY5E0gXEtsALfrvKm9GzmyQ7JpEbz7CioMwNz8__08p5YXqsuqqgnmOcGcO6_UzlVWR3Y12KNSFAyfLtfw3riJw4Z3ZVBoI7YURXsCAdQ==&c=GEwJBJFEeo20WSK_yMdTCBfgikNUM86xVLe49G7SqQhd2iXpgkZfNg==&ch=uqvpbbN_5XmyzlAaRbTLIHp3VSYW_gmeU86ziXVK8-LkXR0gV7bBwA==__;!!Pkd1Zg-VdQ!nxuzPXSehHUVPk_y0F2UZsyP1uBN3SigzAxQ_VFhedTLadJK-S6Z1eg0dGBjQx2eC81RgwHeRfmOaYjB7p3UXUEheKZa$) | | | | | | |